

Glucose binds to the insulin receptor affecting the mutual affinity of insulin and its receptor

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Abstract Insulin activity is sensitive to glucose concentration but the mechanisms are still unclear. An unexamined possibility is that the insulin receptor (IR) is sensitive to glucose concentration. We demonstrate here that insulin-like peptides derived from the IR bind glucose at low millimolar, and cytochalasin B at low micromolar, concentrations; several insulin-like IR peptides bind insulin at nanomolar K_d; and this binding is antagonized by increasing glucose concentrations. In addition, glucose and cytochalasin B bind to IR isolated from rat liver and increasing glucose decreases insulin binding to this IR preparation. The presence of GLUT 1 in our IR preparation suggests the possibility of additional glucose-mediated allosteric control. We propose a model in which glucose binds to insulin, the IR, and GLUT; insulin binds to the IR; and the IR binds to GLUT. This set of interactions produces an integrated system of insulin-dependent interactions that is highly sensitive to glucose concentration.

Keywords Glucose binding · Insulin receptor · Insulin binding · Glucose transport · Cytochalasin B · Allostery · Glucoreceptor · Glucosensor

Introduction

Cushman and Wardzala [1] and Suzuki and Kono [2] established that insulin increases uptake of glucose into cells by activating translocation of glucose transporters (GLUT) from intracellular storage to the cell surface in various tissues. Insulin itself is released from pancreatic beta cells by increasing glucose concentrations (reviewed in [3]). As one would expect of such a system, insulin resistance in diabetes is associated with decreased numbers of GLUT, and the resulting hyperglycemia produces increased release of insulin, but the insulin is less active (reviewed in [4]). But how can insulin activity, in addition to release, also be glucose-dependent? The most likely answer is that the system is significantly more complex than glucose releasing insulin to translocate GLUT to regulate glucose. Indeed, as long ago as 1979, Jarrett and Smith [5] discovered that cytochalasin B, a glucose-transporter antagonist, had direct effects on insulin activity, and they proposed that the insulin receptor (IR) may directly control the rate of glucose transport through GLUT. Garvey et al. [6] independently arrived at the same conclusion as a result of experiments demonstrating that glucose regulation is relatively insensitive to insulin or to glucose alone and requires a synergistic interaction between the two. Subsequent research has strengthened that proposal. Deletion of the IR from various tissues has been shown by a number of investigators to result in hyperglycemia, ketosis, and other symptoms of diabetes (reviewed in [7]). Nevado, Valverde, and Benito [8], for example, have demonstrated that the IR binds to and

Note on insulin receptor numbering: All IR sequences provided are in the SwissProt numbering system (<http://www.expasy.ch>) that begins with the pre-pro sequence. Many papers on the IR use a numbering system that begins with the edited transcript and thus have 27 amino acids subtracted from the number as compared with the SwissProt convention.

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acts as a co-transporter with glucose transporter types 1 and 2 in neonatal hepatocytes, such that deletion of either the IR or GLUT results in loss of glucose regulation. Kulkarni et al. [9] have similarly demonstrated that tissue-specific knock-out of the IR in pancreatic beta cells results in loss of glucose-stimulated insulin release even though GLUT expression and function in these cells is unaltered. Conversely, deletion of GLUT in muscle results in insulin resistance, even when IR are expressed and fully functional [7]. How the IR acts as a co-transporter with GLUT or can respond to glucose concentration in an IR-GLUT system remains unexplained by current models of glucose regulation.

We make the novel proposal that the IR acts, in part, as a glucose sensor that allosterically regulates GLUT function. This hypothesis is based on the observations summarized above as well as additional evidence that has remained tangential to most discussions of glucose regulation. First, insulin itself contains two high-affinity (ca. 1×10^{-3} M) and four low-affinity (ca. 6×10^{-2} M) binding sites for glucose [10–14]. Ultraviolet spectroscopy studies show that insulin structure is modified in the presence of glucose [12]. It follows that binding of insulin to the IR may be sensitive to glucose concentration. In addition, the IR contains several highly conserved extracellular sequences that mimic insulin [15, 16], and these may also act as glucose-binding sites resulting in allosteric modification of receptor activity. This possibility is bolstered by the fact that each insulin-like sequence in the receptor is associated with an insulin-binding region [15, 16] so that receptor affinity for insulin may be glucose-sensitive. Finally, Nevado et al. and Eisenberg et al. have demonstrated that the IR forms a complex with GLUT [7, 17, 18] so there is a possibility of allosteric interaction between the receptor and the transporter. If glucose modifies the structures of the receptor, the transporter, or both, and does so in a glucose-dependent manner, then allosteric regulation of glucose transport by the IR would be possible, as well as GLUT allosteric regulation of IR sensitivity. In addition, if glucose alters the nature of insulin binding to its receptor (whether by binding to insulin, the receptor, or both) in a manner that allosterically alters glucose transport, then the IR could act not only as a glucose sensor but also as an allosteric glucose transport regulator.

In this paper, we test one critical aspect of the hypothesis that the IR may act as a glucose sensor and regulator, which is whether the IR is a glucose-binding protein. We examine whether the IR alters its structure in the presence of glucose, whether it alters its affinity for insulin in a glucose-dependent manner, whether insulin-like peptides derived from the receptor bind glucose, and whether the

binding of insulin to these peptides is insulin sensitive. We also test whether the IR and its insulin-like regions bind the high-affinity glucose antagonist, cytochalasin B. And finally, we test our IR preparation for the presence of GLUT. Because glucose may bind to both insulin and to the IR in these experiments, and because GLUT may be present as well, the interpretation of some of the individual experiments is necessarily ambiguous, but the logic of the set of experiments leads to an unambiguous conclusion that the IR does act as a glucose-binding protein.

Materials and methods

Glucose binding to insulin and IR peptides

Initial experiments were designed to determine binding of glucose and cytochalasin B to insulin (bovine, Sigma-Aldrich Chemical) and individual peptides derived from the IR. Peptide regions previously identified [15, 16] as being either insulin-like (IL) or glucagon-like (GL) regions of the IR (see Table 1) were synthesized by the Mass Spectrometry, Synthesis and Sequencing Facility of the Department of Biochemistry at Michigan State University and purified to >99% purity. Insulin (2.5 mg/ml) and IR peptides (1.0 mg/ml) were dissolved as solutions of ca. 0.5 mM in pH 7.4 phosphate buffer (Fisher Scientific). A 1.0 M D-glucose (Sigma-Aldrich) solution was made as a stock solution in the same buffer and diluted by thirds. Then 100 μ l of each glucose concentration plus 100 μ l of buffer, and mixtures of 100 μ l of each peptide with 100 μ l of buffer or with 100 μ l of each glucose concentration were made in a crystal 96-well plate and a complete spectrum of each well was recorded on a Spectromax Plus spectrophotometer. Data were collected using SoftMax Pro 4.0 software. Every combination was done in triplicate and the results averaged. The curves were examined for the absorbance at which the greatest spectral shifts occurred (usually between 195 and 205 nm) and the data were analyzed to produce binding constants (K_d) determined by the difference in absorbance between the absorbance obtained from the mixture of the peptide with glucose and the sums of the peptides (plus buffer) and glucose (plus buffer) individually.

Cytochalasin B binding to insulin and IR peptides

Following a procedure described by us previously for measuring binding to receptors [19], UV spectrophotometry was also used to measure cytochalasin B (Sigma-Aldrich) binding to insulin and to the IR peptides, but a different protocol was followed since cytochalasin B is not

Table 1 Kd of glucose, cytochalasin B, and insulin binding to insulin, insulin-like (IL), and glucagon-like (GL) peptides derived from the insulin receptor (IR) demonstrating that glucose and insulin binding to IR regions is co-localized

IR peptides		Glucose	Cyto B	Ins-HRP
INSULIN		250 μ M and 30 mM	13 μ M	nd
95–113 (IL) Insulin B chain	GLS LKDLF PNLTVIRGSR HLCGSH-LVEALYLVCGER	11 mM	75 μ M	21 nM
157–166 (GL) Glucagon	T IDWSRILDS TSDYSKYLDS	57 mM	112 μ M	30 nM
233–248 (IL) Insulin A chain	CCHSECLGNCSQPDD CCTSI CSLYQLENYCN	3 mM and 46 mM	nd	>1 μ M
284–300 (GL) Glucagon	SFCQDLHHKCKNSRR-QG TFTS D-YSKYL DSRRAQD	0	0	8.5 nM
390–405 (GL) Glucagon	E ISGYLKIRRSYALVS DYSKYLDSRRAQDFV	30 mM	166 μ M	150 nM
424–444 (GL) Glucagon	YSFYALDNQNLRLQWDWSKH SKY-LDS RRAQDFVNW	0	0	>1 μ M
453–464 (IL) Insulin B chain	TQGKLFFHYNPK CGERGFF-YT PK	57 mM	nd	7.6 nM
660–679 (IL) Insulin B chain	ERQAEDSELFELDYCLKGLK NQHLCSHLEALYLVCGER	70 mM	117 μ M	37 nM
897–916 (IL) Insulin B chain	HLCVSRKHFALERGCRLRGL HLCGSHLVEALYLVCGERGF	14 mM	25 μ M	1.5 nM

Insulin-like (IL) and glucagon-like peptides were identified within the IR by similarity searching and shown to be associated with insulin-binding regions of the receptor [15, 16]. Some of these IL were synthesized and UV spectrometry used to determine binding constants to glucose and the glucose antagonist cytochalasin B. Insulin binding was determined by an ELISA-like protocol in which different concentrations of insulin conjugated to horseradish peroxidase were tested for binding to each peptide at 50 μ M. IL peptides tend to bind glucose at low millimolar Kd, cytochalasin B at mid-micromolar Kd, and insulin at low nanomolar Kd. These data suggest that insulin- and glucose-binding sites overlap significantly within the IR. In contrast, glucagon-like peptides (GL) derived from the IR [15, 16] are less likely to bind glucose, cytochalasin B, or insulin. See Figs. 1, 2 and 3 for illustrative data

soluble in the buffer and was supplied in pure DMSO. Briefly, 10 mM cytochalasin B (DMSO) was serially diluted by thirds with phosphate buffer to produce eight dilutions. DMSO was similarly diluted to make solutions with matching DMSO concentrations. The same peptide solutions as above were utilized. Then 200 μ l of a peptide in phosphate buffer was put in two wells of a crystal 96-well plate, and phosphate buffer alone in another two. Next 20 μ l of the lowest concentration of cytochalasin B solution was added to one peptide well and one buffer well, and 20 μ l of the lowest concentration of DMSO solution was added to the other peptide and buffer wells. The spectra of the wells were collected from 190 to 240 nm and saved. The process was repeated by adding the next higher concentration of cytochalasin B and DMSO, etc., until the highest concentration was added and the spectra recorded. In order to determine whether cytochalasin B bound to the peptide, the buffer plus DMSO dilutions data were subtracted from all corresponding spectra; then the spectra for the peptide and cytochalasin B wells were added to provide expected values and this was compared with the actual values obtained from the mixing of peptide and cytochalasin B. The clearest binding curves were found in the range of 200–210 nm.

Glucose and cytochalasin B binding to the IR

A similar protocol was used to measure the effects of glucose and of cytochalasin B on IR structure. IR from rat liver (Sigma-Aldrich) was diluted to a concentration of 401.8 units/ml. Then 200 μ l of this solution was added to two wells in a crystal plate. Next 3.3 M glucose and 0.33 mM cytochalasin B in DMSO were serially diluted 1:3, and 20 μ L of each dilution was added to two IR wells and to control wells. Finally 20 μ L of buffer (or DMSO diluted in buffer) was added to two additional IR wells, and likewise to the second set of control wells. The plate was read in 15-min increments with increasingly concentrated solutions. An additional version of this experiment added bovine insulin (Sigma) with additional appropriate controls.

Insulin binding to peptides derived from the IR

A modified version of enzyme-linked adsorption assay (ELSA) was used to measure insulin binding to the peptides derived from the IR. First 0.5 mg of insulin-HRP [insulin conjugated to horseradish peroxidase (Sigma-Aldrich)] was diluted in 2.0 ml of pH 7.4 phosphate buffer

as a stock solution (5 μM). Serial dilutions of the insulin-HRP were then made from 1:100 to 1:333,333 by thirds, producing solutions that ranged in insulin-HRP concentration from 50 nM to 15 pM. Each IR peptide was dissolved in buffer to produce a 50 μM stock solution and 100 μl were then added to an ELISA plate (Costar), incubated for 1 h, and then triply washed with a 1% solution of TWEEN in phosphate buffer. Then 200 μl of a 2% polyvinylalcohol (PVA) blocking agent in phosphate buffer was added to each well, incubated for 1 h, and triply washed. Next 100 μl of each dilution of the insulin-HRP solution was added to a well, incubated for 1 h, and triply washed. Finally, 100 μl of ABTS single reagent (Chemicon) was added to each well, incubated for 30 min, and the plate read at 405 nm. All combinations and controls were run in duplicate and the resulting values averaged.

Glucose binding to the IR

A similar set of experiments was designed to determine whether insulin binding to the IR is glucose sensitive. First 50 μl of a 401.8 units/ml IR solution [isolated from rat liver (Sigma-Aldrich)] was diluted into 5.0 ml of pH 7.4 phosphate buffer (Fisher Scientific). Then 100- μl aliquots were plated on a 96-well ELISA plate (Costar). One set of wells was plated with no glucose, a second with 1 mM glucose, a third with 5 mM glucose, and a fourth with 25 mM glucose added to the buffer. These mixtures were incubated at room temperature for 2 h and then triply washed with 1% solution of TWEEN 20. Next 200 μl of 2% PVA blocking agent with the appropriate amount of glucose for each set of wells (0, 1, 5 or 25 mM) was added to each well, incubated for 1 h, and washed as above. Insulin-HRP (Sigma) was diluted from the stock solution above to 1:5,000 (1.0 nM) in phosphate buffer. This insulin-HRP solution was plated with appropriate concentrations of glucose for each set of wells (0, 1, 5, or 25 μl) and incubated for 1 h before being washed out as above. ABTS triple reagent (Chemicon) was then added (100 μl /well) and incubated for 30 min and the plate read at 405 nm.

Presence of GLUT in IR preparation

Finally, ELISA was used in order to determine whether the rat liver IR preparation used in these experiments (Sigma-Aldrich) contained glucose transporters (GLUT). IR was plated on an ELISA plate as described above, washed, PVA added, washed, and then 100 μl of 1/200 dilutions of GLUT antibodies were added, including goat anti-GLUT 1, rabbit anti GLUT 2, or rabbit anti-GLUT 4 (Santa Cruz Biotech, sc-7938). These antibodies were incubated for 1 h, triply washed, and 100 μl of a 1/1,000 dilution of a

species-appropriate anti-IgG-HRP secondary antibody was added (Chemicon). The secondary antibody was incubated for 1 h and triply washed. Then 100 μl ABTS single reagent was added and the absorbance at 405 nm read after 30 min.

Data analysis

All data were analyzed and plotted using an Excel spreadsheet program.

Results

The first set of experiments involved UV spectroscopic studies of the binding of glucose and cytochalasin B to insulin and to individual peptides derived from the IR (Figs. 1, 2, Table 1). As previous studies have shown [10–14], insulin binds glucose in a two-step process involving a high-affinity set of sites (K_d in these experiments ca. 250 μM) and a set of low-affinity sites (K_d in these experiments ca. 15 mM). We demonstrate for the first time that insulin also binds to cytochalasin B (K_d ca. 13 μM). Similar binding with glucose or cytochalasin B also occurred with some of the peptides from the IR. These peptide regions of the IR were chosen because they mimic either insulin itself or glucagon [15, 16]. As Figs. 1c, 2, and Table 1 show, several insulin-like IR peptides bind glucose with K_d in the low millimolar range, as would be expected of IR regions sensitive to changes in normal blood glucose levels (ca. 5 mM). Additionally, each insulin-like IR peptide that bound glucose also bound cytochalasin B and did so with significantly higher affinity (mid-micromolar K_d).

The second set of experiments (Table 1, Figs. 1, 2) demonstrated that many of the insulin-like and one of the glucagon-like IR peptides have significant affinity for insulin-HRP (low nanomolar K_d). These peptides may represent parts of one or more larger, cooperative insulin-binding sites, or independent low-affinity sites. In either case, it is evident that several regions of the IR can bind insulin and that the same regions also bind glucose.

The third set of experiments examined the effects of altering the glucose concentration on insulin binding to IR peptides. As Fig. 2 demonstrates, insulin binding to IR peptide 897–916 is sensitive to glucose concentration, as well as to the presence of cytochalasin B. Notably, cytochalasin B appears to augment insulin binding (perhaps by cross-linking the molecules) while glucose antagonizes it. Similar data were obtained for other IR peptides, notably the 95–113 peptide (partial data shown in Fig. 1). Since glucose and cytochalasin B can bind to insulin itself, as well as to the insulin-receptor peptide, it is not clear from this set of experiments whether it is the glucose binding to

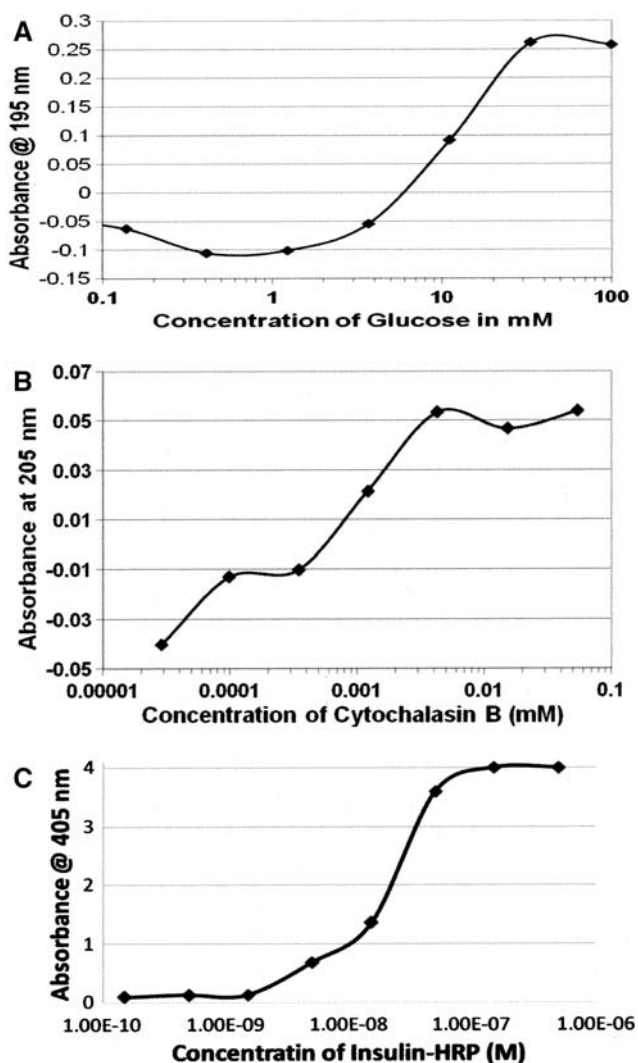


Fig. 1 An insulin-like peptide derived from the insulin receptor (IR) (using SwissProt numbering system for protein #95113) binds glucose, cytochalasin B, and insulin demonstrating that insulin-binding sites on the receptor may be glucose-sensitive. **a** A UV spectroscopic study of binding of glucose to IR 95–113 reveals a K_d of ca. 11 mM. **b** A similar study of cytochalasin B binding to the same IR peptide shows a K_d of ca. 75 μ M. **c** Insulin-HRP binds to this IR peptide with a K_d of ca. 21 nM

insulin, or to the IR peptides, or to both, that results in the modification of insulin binding to the peptides.

The fourth set of experiments examined whether the IR itself altered conformation in the presence of glucose and cytochalasin B. UV spectrophotometry demonstrated that the IR undergoes easily observable conformational changes with changing glucose concentrations. At all wavelengths from 190 through 220 (selected data shown in Fig. 3), concentration-dependent shifts in the UV spectra show a binding constant for glucose that is around 1.5 mM, and some of the spectra suggest a second lower affinity binding constant around 70 mM. Similar shifts in the spectra occur

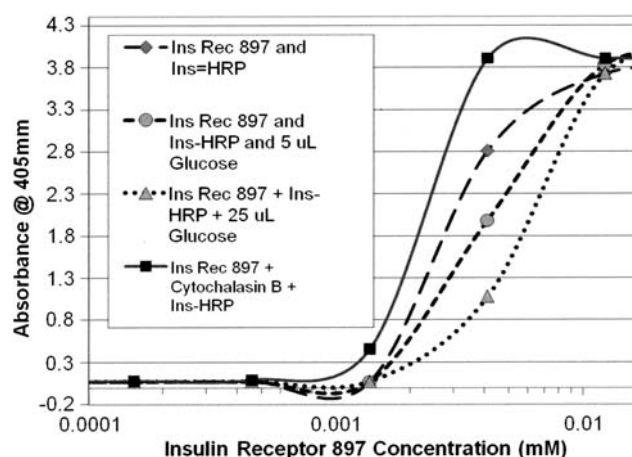


Fig. 2 Glucose and cytochalasin B alter insulin binding to the insulin receptor (IR)-derived peptide 897–916. The IR peptide was adsorbed onto an ELISA plate and insulin-HRP (2.5 nM) used to measure binding to the adsorbed peptide. Increasing concentrations of glucose decreased insulin-HRP binding to the IR peptide, while cytochalasin B increased binding. These observations are consistent with observations that cytochalasin B increases insulin binding to the IR [5, 20] and that supranormal glucose decreases it [21]

upon binding to cytochalasin B indicating a binding constant of about 60 μ M. These data are consistent with those found by studying isolated IR peptides (Table 1). The IR data were also amenable to the production of difference spectra showing that the IR spectrum as a whole alters in a concentration-dependent manner with increasing glucose or cytochalasin B (Fig. 3).

The fifth set of experiments examined the effect of glucose concentration on insulin binding to the IR. One set of experiments using insulin-HRP to directly determine binding demonstrated that increasing glucose concentration decreases insulin binding in an essentially linear fashion above 1 mM glucose (Fig. 4a). UV difference spectra yield a similar story. Adding insulin to the IR in the presence of glucose produces difference spectra significantly different from those caused by glucose or cytochalasin B binding to the IR. (Fig. 5c; compare with Fig. 4). These insulin-associated spectral shifts are dependent on glucose concentration (Fig. 5c), and the data permitted the calculation of the effect of glucose on insulin binding to the IR, which shows glucose produces a half-maximal effect at about 2 mM and a maximal effect at about 12 mM (Fig. 5b). The nature of these data do not reveal where the glucose-sensitive changes are occurring (in the IR itself, insulin, or both), so it is not possible to determine whether insulin binding increases or decreases as glucose concentration increases (Fig. 5b). The UV data confirm the insulin-HRP data, however, on the point that the insulin-IR interaction is most sensitive to glucose concentrations around normal physiological levels.

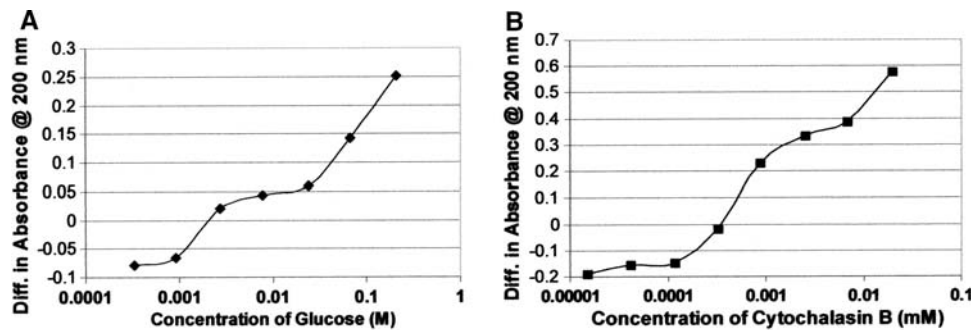


Fig. 3 Glucose and cytochalasin B bind to an IR preparation derived from rat liver. **a** UV spectroscopic data at 200 nm are suggestive of high-affinity (K_d ca. 1.5 mM) and low-affinity (K_d ca. 70 mM) binding, although at higher wavelengths, the binding appears to average out. **b** Cytochalasin B binding to the IR. The data at 200 nm

are again suggestive of high-affinity (K_d ca. 0.6 μ M) and low-affinity (K_d >1 mM) binding. These data are consistent with the binding constants found for individual peptides derived from the IR (see Table 1 and Fig. 2)

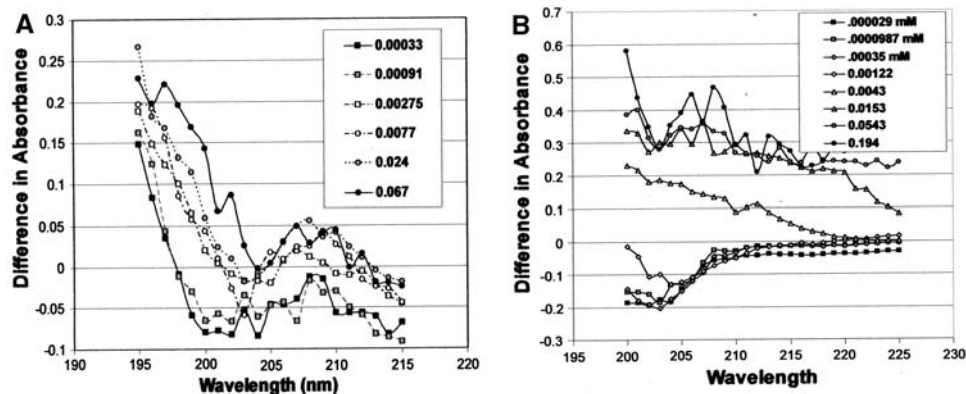


Fig. 4 Difference spectra show that the IR changes its conformation as a function of increasing glucose (**a**) or cytochalasin B (**b**) concentrations (molar, unless otherwise noted). Difference spectra were generated by obtaining spectra of an IR preparation as increasing concentrations of glucose or cytochalasin B were added, and spectra of an identical IR preparation to which buffer without glucose was added, and spectra of buffer with equivalent concentrations of glucose or cytochalasin B added. The spectra of the IR plus

buffer were added to the spectra of the buffer plus glucose or cytochalasin B to generate “expected” spectra; the difference between the “expected” spectra and the experimentally observed spectra is what is plotted here. These difference spectra show that the IR alters conformation in a glucose concentration-dependent manner with the major shifts occurring within physiological ranges (0.9–25.0 mM)

Finally, since Eiesenberg et al. [17], Nevado et al. [8], and Gonzalez-Rodriguez et al. [18] report that IR binds directly to GLUT 1 and GLUT 2 but not GLUT 4, we tested our “purified” IR preparation (Sigma-Aldrich) for the presence of GLUT. As Fig. 6 shows, there was, as would be expected of a liver preparation, a very significant amount of GLUT 1, no GLUT 4 present, and a trace of GLUT 2. (We note in passing that all of our own attempts to produce a GLUT-free IR preparation from human muscle cells have so far failed, suggesting that IR-GLUT complexes are not only ubiquitous but very stable.) It is therefore likely that some of the modifications in the UV spectra of the IR in the presence of cytochalasin B are actually due to binding of cytochalasin B to GLUT 1. Some of the modifications in the UV spectra of the IR in the

presence of glucose may also be attributable to binding to GLUT 1. While these results complicate the interpretation of each of the IR experiments described above, they are nonetheless consistent with the overall hypothesis being tested.

Discussion

To summarize, we set out to test the hypothesis that the IR may act as a glucose-binding protein that interacts allosterically with GLUT. Various possibilities were proposed. Glucose may alter insulin binding to its receptor, or glucose may alter IR affinity for insulin, or both; IR may interact allosterically with GLUT so that

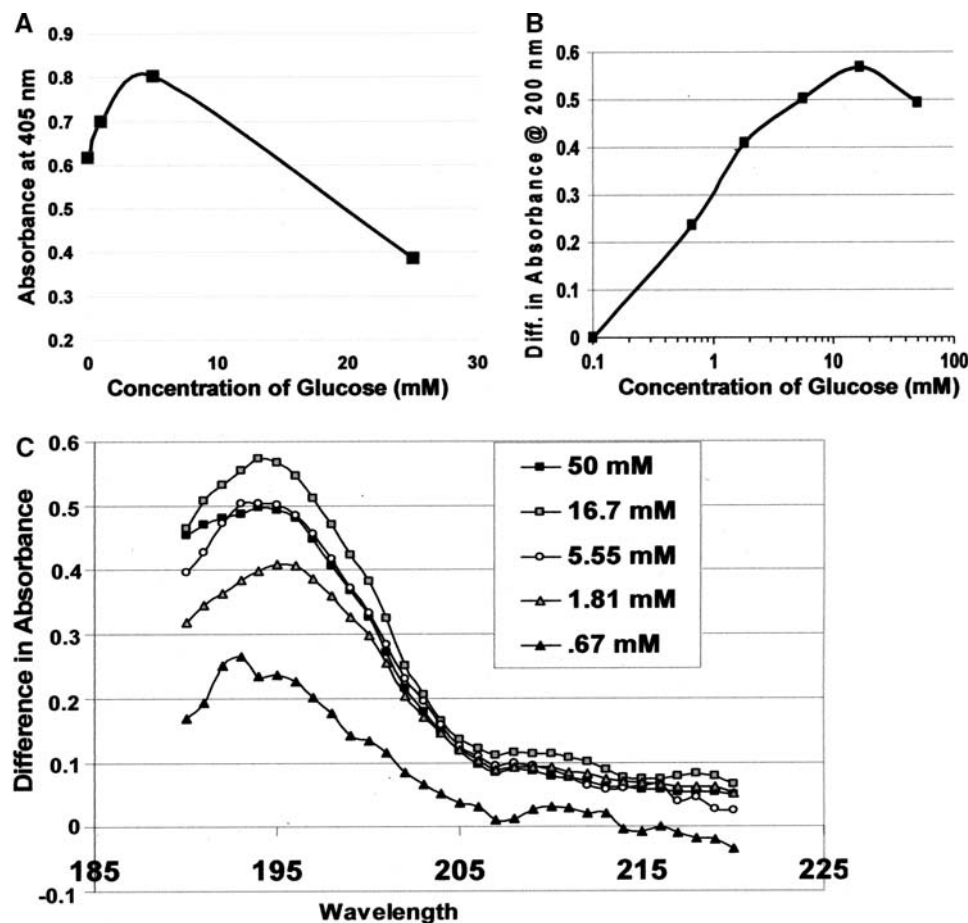


Fig. 5 Two different types of experiments demonstrate that glucose concentration alters insulin binding to its receptor. **a** In the first experiment, we measured insulin-HRP (1 nM) binding to a rat liver IR preparation as glucose increased from 0 to 25 mM. Insulin binding increased to 5 mM glucose and decreased thereafter, which is consistent with previous reports [21, 24]. **b** and **c** In the second experiment, a constant amount of insulin was added to a rat liver IR extract and the concentration of glucose was varied. UV spectra of the combination were obtained and compared with the sum of the UV spectra of insulin plus buffer, the IR plus buffer, and buffer plus glucose each measured separately (see description for Fig. 4). The

difference spectrum obtained clearly differs from that of the IR in the presence of glucose, indicating that insulin alters the receptor conformation in a different manner than does glucose. Insulin binding to the receptor is clearly glucose concentration-dependent (**c**). The differences are such that it is possible to obtain binding curves from the spectra (**b**). The effect of glucose on insulin-dependent changes in receptor conformation is half-maximal at about 1 mM, maximal at about 15 mM, and decreases insulin binding above 15 mM. Both sets of experiments (**a-c**) demonstrate glucose modulation of insulin binding to its receptor

either GLUT alters IR function or IR alters GLUT function, or both; glucose should therefore modify insulin binding to IR, and structural changes in IR should be observable on glucose binding (whether that binding is directly to IR or involves allosteric modification due to glucose binding to GLUT).

Our results demonstrate that glucose and cytochalasin B bind to insulin and to peptides isolated from the IR that mimic insulin; insulin binds to several of these same IR peptides; glucose and cytochalasin B modify the binding of insulin to these peptides; the IR conformation is sensitive to glucose and cytochalasin B; and this conformational sensitivity translates into glucose-sensitive changes in insulin affinity for its receptor. Two phenomena complicate

the interpretation of these experiments: glucose binds to insulin as well as the IR, so that it is not possible to determine the extent to which changes in insulin binding to IR and to IR-derived peptides are due to glucose binding to insulin, glucose binding to IR (or IR peptides), or glucose binding to both. What can be said for certain is that glucose binds both to insulin and to the IR and some IR-derived peptides altering their conformation, and that the presence of glucose modifies insulin binding to the IR and IR-derived peptides. It is reasonable to assume that glucose affects the mutual affinity of insulin for the IR and its peptides.

As expected [7, 17, 18], our IR preparation contained GLUT 1. GLUT 1 binds glucose and cytochalasin B. Thus,

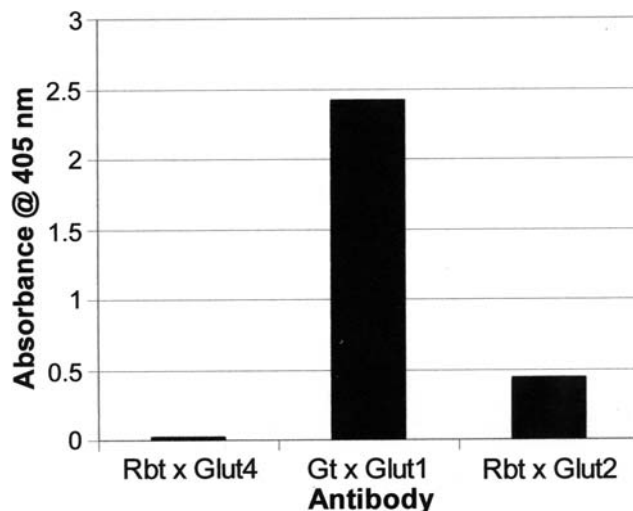


Fig. 6 Enzyme-linked immunoadsorption assay (ELISA) demonstrating the presence of glucose transporter 1 (GLUT 1) but very little GLUT 2 and no GLUT 4 in our rat liver-derived IR preparation. The co-purification of GLUT with IR has been reported by other laboratories as well [7, 17, 18] suggesting that the IR may interact directly with GLUT. *Rbt* Antibody raised in rabbit, *Gt* antibody raised in goat

some of the spectral changes attributed to IR in the presence of glucose and cytochalasin B may be due to changes in GLUT structure. Since glucose and cytochalasin B bind to several isolated IR-derived peptides, to which insulin also binds, it is not possible to attribute all of the glucose- and cytochalasin-related spectral changes in our IR-GLUT preparations to GLUT alone. Since glucose and cytochalasin B bind directly to peptides of the IR at appropriate K_d, the IR must be playing a role in the observed glucose-dependent spectral shifts. Moreover, we also demonstrate, using two methods, that insulin binding to the IR is glucose sensitive (Figs. 4, 5). Glucose can antagonize insulin binding to the IR only if that antagonism is mediated by glucose binding directly to the IR, allostery between GLUT and the IR (Fig. 6), or both. Thus, despite the ambiguities present in the interpretations of the mechanisms involved in some of the individual experiments, the set of experiments clearly demonstrates that insulin binding to the IR is glucose-sensitive. The data also clearly demonstrate that insulin-glucose, IR-peptide-glucose, and IR-glucose are all involved in this sensitivity. The data further suggest that GLUT-IR allostery may be involved. Indeed, the data as a whole suggest that it is the system of interactions among glucose, insulin, the IR, and GLUT that makes this glucose sensor system so homeostatically sensitive (Fig. 7).

Our data concerning an effect of glucose on insulin binding are consistent with previous physiological studies. Jarrett and Smith [5] reported that the IR often exists in aggregates of two to six receptors within lipid rafts and that cytochalasin B caused these IR aggregates to disaggregate.

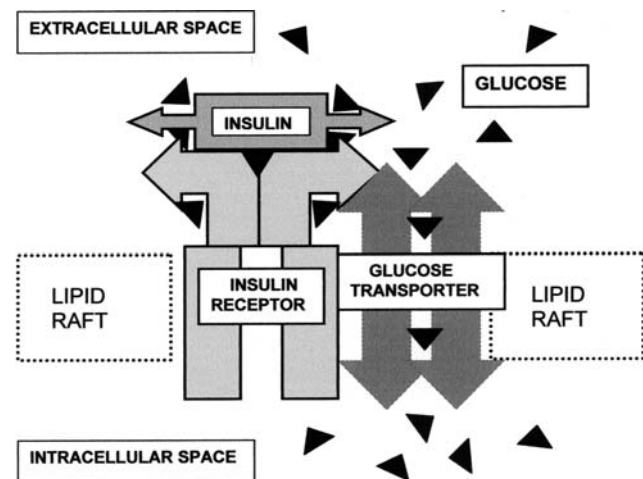


Fig. 7 A schematic model summarizing the results obtained in the previous table and figures. Glucose binds to insulin; insulin binds to the insulin receptor (IR); glucose also binds to the IR; glucose is transported by glucose transporters (GLUT); the IR binds to GLUT to produce a complex that co-purifies within lipid rafts. Glucose binding to insulin and to the IR alters the affinity of insulin for its receptor, increasing binding under hypoglycemic conditions and decreasing binding under hyperglycemic conditions. Binding is associated with observable changes in receptor conformation. These changes in IR conformation may allosterically modify glucose transport by GLUT. Conversely, GLUT may play a role as allosteric regulators of the IR in a glucose-dependent manner. The result of these interactions is a highly integrated insulin-dependent system that is very sensitive to changes in glucose concentration. Interference with this system, as might occur if the IR became glycosylated at glucose-binding sites under hyperglycemic conditions could result in the insulin resistance that typifies diabetes

Such disaggregation would be consistent with IRs binding either to each other (via glucose-binding regions) or to glucose transporters by means of glucose-sensitive interactions. Jarrett and Smith [5] also reported that cytochalasin B, but not cytochalasin D, increased I 125-insulin binding to adipocytes, which is consistent with our observation that cytochalasin B increased insulin binding to insulin-like peptides derived from the IR (e.g., Fig. 2). They reported in addition that pre-incubating cells with insulin prevented the increase in binding caused by cytochalasin B, as would be expected if some of the cytochalasin B bound directly to insulin. Raizada, Fellows, and Wu [20] similarly reported that cytochalasin B increased insulin binding to its receptor, though interpretation of these data are complicated by the same factors (e.g., probable complexation with GLUT) as are our experiments. Martinen [21] found that 25 mM glucose increased high-affinity and decreased low-affinity insulin binding to intact erythrocytes, which is consistent again with our data (e.g., Fig. 3). Garvey and his collaborators [4, 6, 22, 23] have shown that glucose alone or insulin alone at any reasonable physiological concentration had very little or no effect on rates of glucose transport, but that insulin

and glucose at almost any physiological concentrations control glucose transport synergistically. The synergy is such that increasing glucose concentrations impair insulin activity, as we have demonstrated here, and have the physiological effect of impairing translocation of GLUT to the cell surface in adipocytes. Their data are consistent with a model that involves the IR directly as a glucose sensor and also the IR forming a regulatory complex with GLUT.

Notably, glucose may be required for full insulin activity: Yu and Eriksson [24] found that insulin binding to rat adipocytes was increased up to three-fold by medium containing 5.6 mM D-glucose as compared with glucose-free medium, again pointing to glucose-dependent insulin binding to the IR. Other sugars, such as fructose and pyruvate, could partly substitute for D-glucose, but they increased insulin binding only about 1.5-fold. They also found that cytochalasin B completely blocked enhanced insulin binding. Our data also suggest such a glucose-enhancing effect under hypoglycemic conditions (Fig. 5). And we have found, as have several previous studies [7, 17, 18], that the IR forms a complex with GLUT (Fig. 6) so that all studies of glucose and cytochalasin B effects on insulin binding and activity must be re-interpreted in light of possible GLUT participation in the experimental effects.

It is important to stress that the affinities that we have documented between the glucose and IR peptides and between insulin and IR peptides are appropriate to explaining physiological functions. Normal blood glucose is about 5.5 mM. Two of the IR peptides (95–113 and 897–916) had binding constants between 11 and 14 mM, which would mean that at normal blood glucose, they are each about 10% saturated. Under hyperglycemic conditions (15–30 mM glucose), these binding sites would be 50–90% saturated, resulting in resistance to insulin binding (Figs. 3, 4, 5). It is possible that the affinities of the various peptides studied are somewhat lower than would occur if they were in their tertiary conformations within an intact receptor. Tertiary conformation plays an important role in insulin binding, as multiple regions of the IR are known to participate in hormone binding [25–31], and it is important to bear in mind that the method used here to measure insulin affinity to IR peptides utilized insulin conjugated to horseradish peroxidase, which may interfere with binding. Nonetheless, the highest affinities observed in this study for insulin-HRP binding to IR peptides were only between 7- and 30-fold higher [1.5–8.5 nM (Table 1)] than those reported for insulin binding to its native receptor (ca. 250 pM for binding to adipocytes [32]). Moreover, the binding constants for glucose binding to the IR itself (1.5 and 70 mM, Figs. 4a, 5a) are very close to the K_Ds measured for the isolated IR peptides and would result in two-stage binding under normoglycemic and hyperglycemic

conditions. As demonstrated in Figs. 4b, 5b and c, a range of glucose concentrations that spans hypoglycemic, normoglycemic, and hyperglycemic conditions causes significant differences in insulin-HRP binding to the intact IR, again in harmony with the data derived from isolated IR peptides. Thus, some of the peptides described here are likely to be components of more complex binding sites within the tertiary structure of the intact IR, and the experiments reported here may be relevant to elucidating how various regions of the IR contribute to insulin binding. Moreover, the results obtained with the IR peptides concerning the glucose sensitivity of insulin binding were borne out with direct experiments on the IR itself using 1 nM insulin-HRP, which is within normal variations for physiological glucose concentrations.

Our IR-derived peptide data are also consistent with previous studies of where insulin binds to the IR. Regions thought to be involved in insulin binding (Table 1) include its N-terminus (SwissProt numbers) 34–84 [25, 26]; 107–112 [26, 27]; 238–393 [25, 28]) and more specifically 264–272 and 344–352 [27]; 496–619 [29]; 677–785 [30] and more specifically 728–737 [26, 27]; and 792–797 [29]. Additionally, known mutations to the IR [summarized on the SwissProt website (<http://www.expasy.ch>) for human IR P06213] show that the 232–387, 496–619, and 677–797 regions as well as two additional regions, 113–119 and 925–937, are associated with loss of insulin binding resulting in leprechaunism. Longo, Langley, and Still [31] and Whitaker et al. [26], for example, demonstrated that the Arg 86 (SwissProt, 113; Table 1) is critical to activation of glucose transport. All of the glucose- and insulin-binding sequences listed in Table 1 are either within one of the regions defined by previous investigators as insulin-binding sites or they are immediately adjacent to one of them, as would be required for glucose concentration-dependent modification of insulin binding.

Our data suggest that insulin-binding regions of the IR evolved from insulin-like modules that may represent low-affinity insulin binding sites on their own, or participate in tandem through tertiary and quaternary structures to form parts of high affinity sites [15, 16]. We note, however, that our data suggest that a novel region not previously identified as an insulin binding site—SwissProt 897–916—may be involved in insulin binding. Since this sequence sits at the intersection of the alpha and beta chains of the IR and is glucose sensitive as well, it might play a very important role in any allosteric mechanisms that may be at work in the insulin-glucose-IR-GLUT system. The other important addition to our current knowledge of the IR that our study makes is the demonstration that insulin-like regions of the IR bind glucose as well.

Taken together, our data suggest a new model of glucose sensing that augments previous research demonstrating

IR-mediated GLUT transport and a variety of second-messenger-related alterations in insulin activity due to hyperglycemic conditions. The new model incorporated into this larger system glucose binding to insulin and the IR, combined with complexation of IR with GLUT (Figs. 6, 7). IR and GLUT bind to each other through glucose-sensitive and cytochalasin B-sensitive interactions to form complexes that, as Jarrett and Smith [5] demonstrated, may involve anywhere from two to six IR and (we predict) as many GLUT. These complexes may exert allosteric control within themselves. The binding of insulin to the IR thereby may regulate not only GLUT translocation to the cell surface, but also regulation of glucose transport more directly by altering GLUT structure. This allosteric mechanism may be sensitive to glucose concentration by one or more of three mechanisms: glucose binding to insulin itself, glucose binding to the IR, and/or glucose transport through GLUT producing allosteric changes in insulin activity on the IR. The effect of glucose binding to insulin, the IR and/or GLUT is to decrease insulin binding and activity (glucose-mediated insulin desensitization). Because glucose causes multiple effects on this highly integrated system, it is likely to be extremely sensitive to glucose concentration. A decrease in available insulin (as occurs in type 1 diabetes), or exposure of the system to persistent hyperglycemia (as in type 2 diabetes) would also make this system extremely susceptible to unrecoverable loss of control, since hyperglycemia will impair insulin-dependent responses in a vicious cycle.

The experimental exploration of the hypothesis of a potential allosterically regulated insulin-receptor-GLUT glucose sensor unit would appear to be particularly important in light of the demonstration that GLUT 1 or GLUT 2 (but not GLUT 4) are necessary components of whatever glucose sensor exists in the portal vein (and perhaps other glucose sensors in other parts of the body) [33–35]. Moreover, the hypothesis is completely consistent with previous studies on alterations in phospholipid/atypical PKC post-receptor second messenger signaling for insulin-stimulated glucose transport that occur in obesity and type II diabetes [36, 37]. Clearly, glucose-mediated modification of insulin signaling at the receptor-transporter unit would produce the well-documented cascade of second-messenger consequences involving AMPK, PPAR γ , PKCs, PI-3K, etc., that are associated with insulin-resistance [33–38].

The “Achilles’ heel” of such a system of glucose regulation may follow from the very fact that glucose binds to the IR. Insulin is very rapidly (days to weeks) glycosylated in hyperglycemic conditions [39–41], resulting in significantly reduced insulin binding and activity [42–47]. Since insulin itself turns over rapidly in the body, however, most investigators believe that glycosylation of insulin has little

physiological or pathological effect. Similar glucose-mediated glycosylation of the IR (and/or GLUT, as we have proposed elsewhere [48]) might result in more serious insulin resistance since IRs turn over very slowly. Our data demonstrate that glucose binds to regions of the IR that also bind insulin (Table 1, Figs. 1, 2) and that insulin binding is glucose-sensitive (Figs. 2–5). The IR peptides that bind both glucose and insulin are similar to insulin in their sequences [15, 16]. Thus, it is possible that the IR itself is rapidly glycosylated under hyperglycemic conditions, and we are currently testing this possibility. Evidence for such an effect may already have been presented by Watanabe et al. [49], who report that exposing IM-9 cells to 25 mM glucose resulted in a decrease in insulin binding beginning at 6 days and very significantly decreased binding after 14 days, despite no change in the number of available insulin-binding sites. The greater the hyperglycemia and the longer it lasts or repeats, the greater the glycosylation of insulin-binding sites on the IR would be expected to be, and the greater the resulting insulin resistance. Such a scenario would result in ever more serious vicious cycles of hyperglycemia and insulin resistance that might help to explain the unusually high, yet ineffective, levels of insulin in type 2 diabetes and the need for many type 1 diabetics to increase their insulin doses over time.

Glycosylation of the IR under hyperglycemic conditions may also help to explain the difference between short-term, reversible glucose desensitization of beta cells and long-term, irreversible glucose toxicity proposed by Robertson, Olson, and Zhang [50]: glucose desensitization would result (at least in part) from glucose-mediated decrease in insulin activity, and glucose toxicity would result (at least in part) from glycosylation of the IR (and perhaps GLUT as well). Glucose toxicity resulting in increased glycosylation of additional proteins, such as those in nerves, may lead to long-term negative effects on sensation, movement, and cognition that are associated with chronic diabetes and dementias (e.g., [51, 52]).

Conclusions

It is worth noting that a number of investigators (e.g., [5, 6, 33, 53, 54]) have produced tantalizing evidence that there may be a “glucoreceptor” or glucose sensor on beta cells, neurons, the portal vein, and other cell types, but have been unable to identify it. The discovery that the IR itself binds glucose, and that insulin binding to the IR is glucose-sensitive, suggests new ways to view glucose sensing and leads to a novel model making unique, testable predictions about how glucose regulation is lost in types 1 and 2 diabetes through direct binding of glucose to insulin and the IR and through GLUT-IR allostery. It also suggests how

chronic hyperglycemia can lead to long-term glucose toxicity by glycation of the IR.

Conflict of interest statement Neither author has any commercial interest or any other conflict of interest related to the contents of this study.

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